



B | SAFAL  
MARATHON  
EIGHTH EDITION  
29 JANUARY 2023  
AMDAVAD



***THE COMPLETE  
RUNNER'S GUIDE***



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## **ABOUT US**

**Welcome to the eighth edition of BSAFAL Marathon 2023. The event is happening after gap of 2 years due to pandemic! The level of enthusiasm is high among participants & weather will be very supportive for best performance.**

**We, at LS Sports strive to bring events which enable people to participate in mass and enjoy the quality time with friends & family. We have age groups from young future athletes to mature runners to passion athletes & fun runners, who come to celebrate fitness & health!**

**Keep looking for more events from  
LS Sports on [www.lssports.in](http://www.lssports.in)**



# **BIB EXPO**

## **BSAFAL MARATHON**

### **2023**

#### **VENUE**

Conference Hall, Ground Floor  
Pandit Dindayal Upadhyay Auditorium  
B/h. Rajpath Club, Off SG Road,  
Bodakdev, Ahmedabad

**WEDNESDAY, 25<sup>TH</sup> JAN 2023**

**TIME: 1PM - 9PM**

**THURSDAY, 26<sup>TH</sup> JAN 2023**

**TIME: 11AM - 9PM**

**(LUNCH BREAK: 2PM - 3PM)**

#### **FOR OUTSTATION PARTICIPANTS**

**SATURDAY, 28<sup>TH</sup> JAN 2023**

**TIME: 4PM - 7PM**

#### **AT THE EVENT VENUE**

Plot Opp. Shakti Bunglow Bus stop,  
Nandigram Road, lane Opp. Crescent Lawns,  
Off Sindhu Bhavan Road, Ahmedabad.

#### **NOTE**

**No kits will be given post 7pm or on event day.**



# BIB EXPO IMPORTANT INFORMATION

## **NOTE:**

- 🏃 Registration receipt/confirmation compulsory for bib collection
- 🏃 No bib distribution on the event day
- 🏃 No cancellation/No refund
- 🏃 No category change
- 🏃 No T- Shirt exchange

## **IMPORTANT NOTE:**

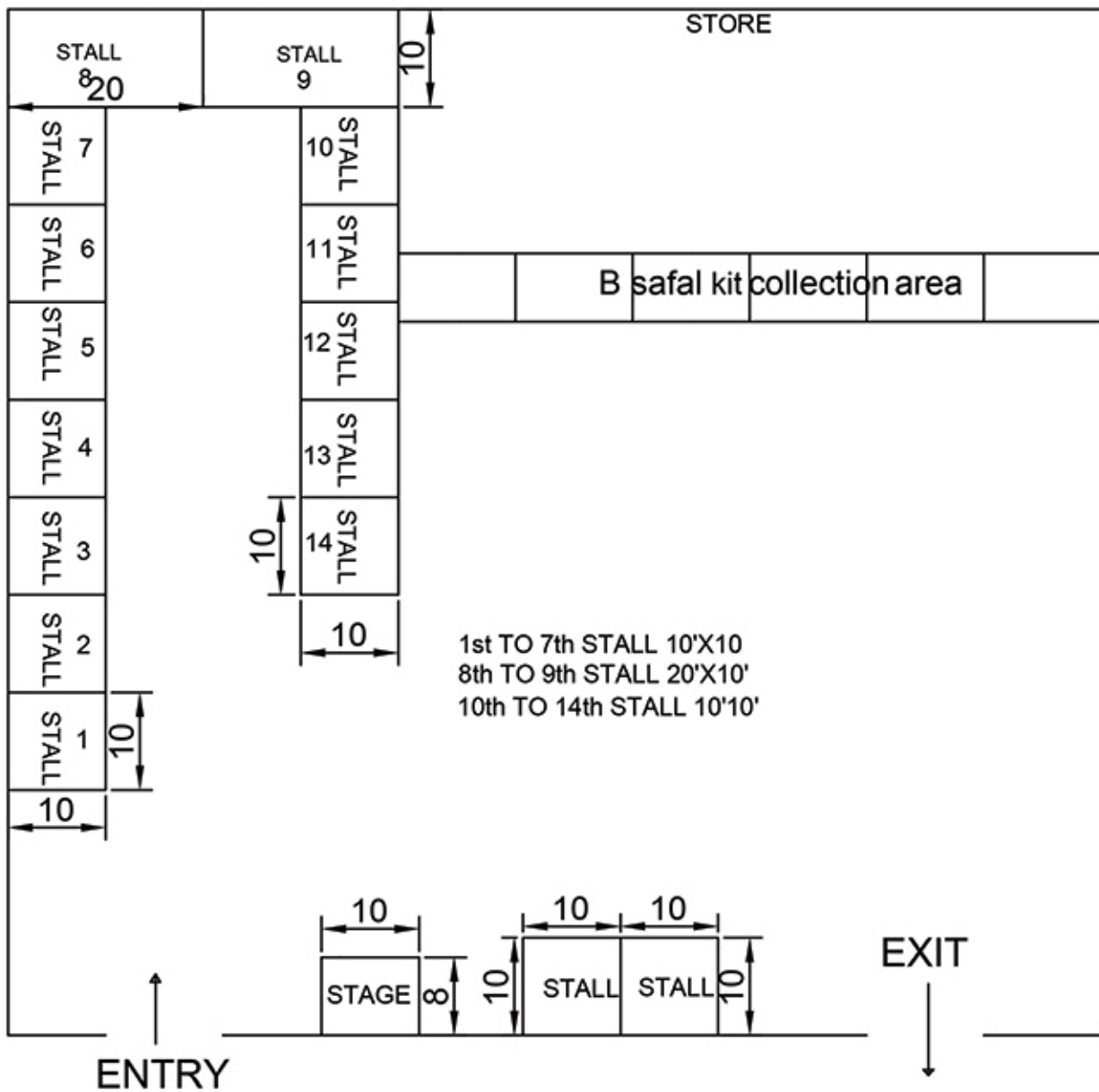
- 🏃 Participants registered through bSafal & Astral can collect their respective kits from the respective office. Bib collection details will be mailed to the respective companies.

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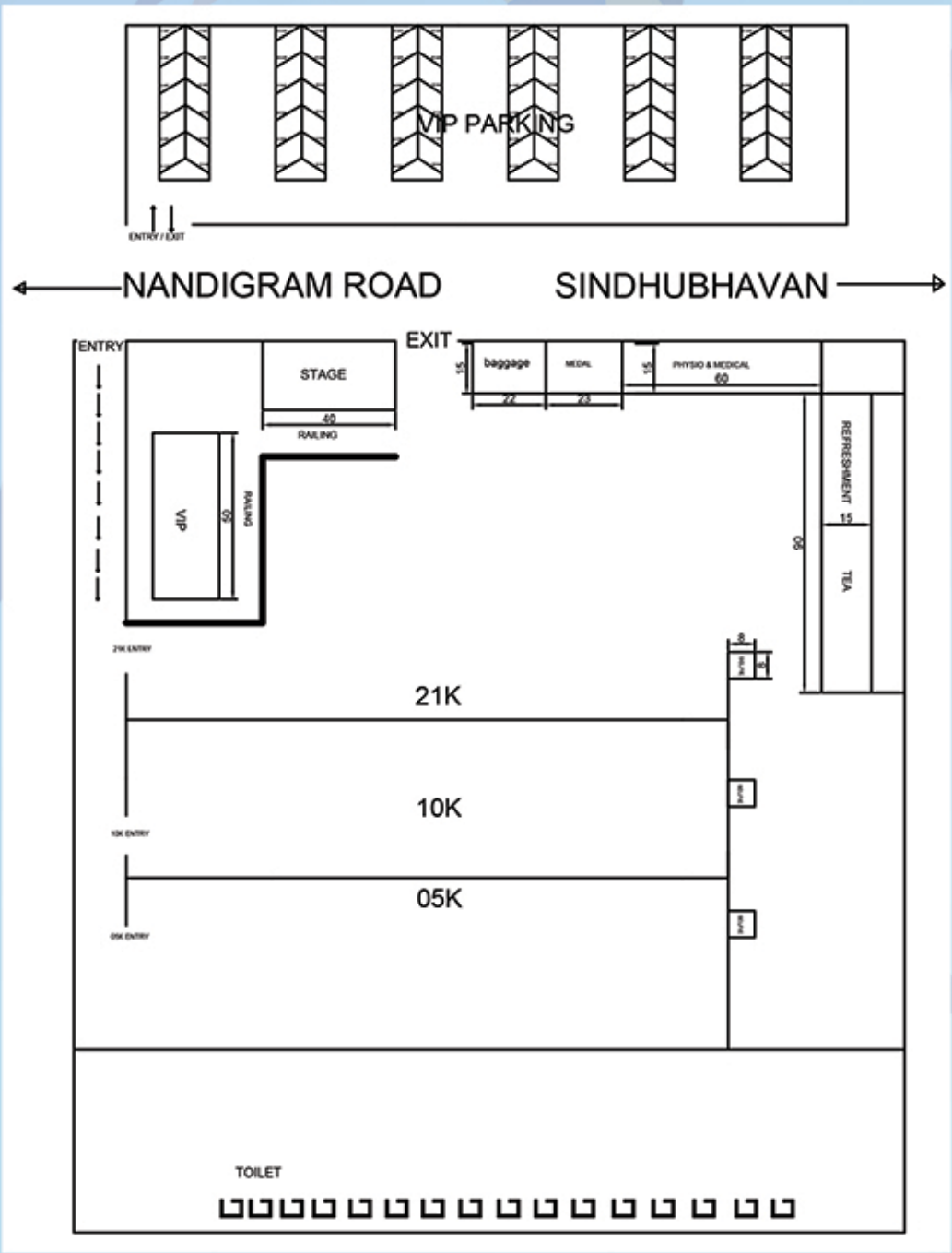
# BIB EXPO VENUE LAYOUT

B safal expo. Dindayal Auditorium





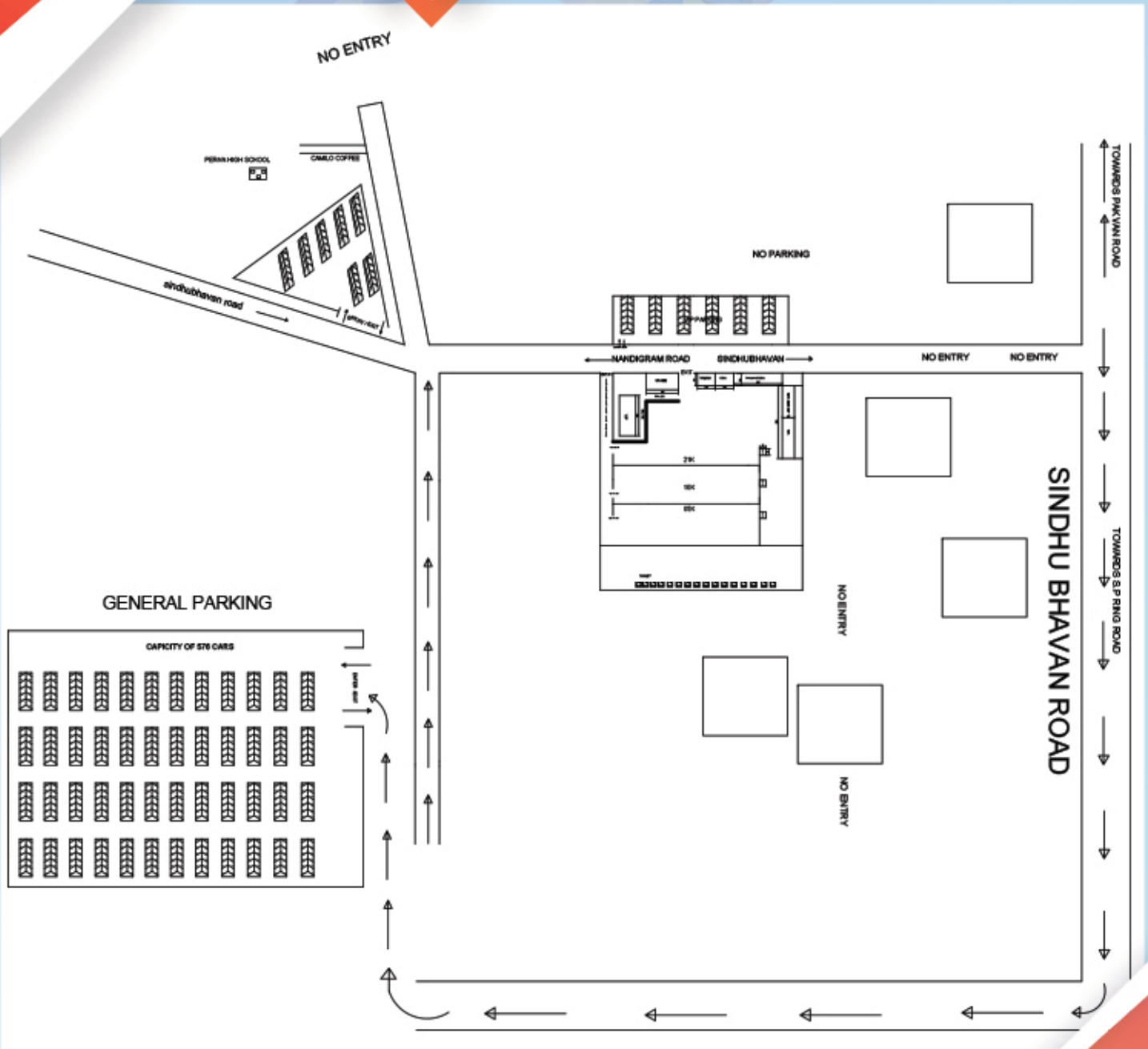
# EVENT VENUE LAYOUT & VIP PARKING



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# GENERAL PARKING LAYOUT







# ROUTE MAP

## 10KM

### 10 KM RUN



Hydration	Fruit/Energy Drink/Salt	First Aid	Ambulance	Toilet





# PACERS OF 10KM

**60 MINS**



**FLOYD MUDALIAR**

**60 MINS**



**SAGAR DUTTA**

**75 MINS**



**PRAVIN MUNDRA**

**75 MINS**



**RUPSY KAREL**

**90 MINS**



**DHARA PATEL**

**90 MINS**



**VATSAL PATEL**

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# ROUTE MAP HALF MARATHON

## HALF MARATHON





# PACERS OF HALF MARATHON

2 HRS



**RAJA MARUT**

2 HRS



**YOGESH KAREL**

2 HRS 15 MINS



**JP SHARMA**

2 HRS 15 MINS



**KUNJAL KOTHARI**

2 HRS 30 MINS



**MEIT VAKIL**

2 HRS 30 MINS



**NAVIN PAHWA**

2 HRS 45 MINS



**CHIRAG BHAVSARY**

2 HRS 45 MIN



**MOHINI BUNDELA**










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## **MANDATORY GUIDELINES**

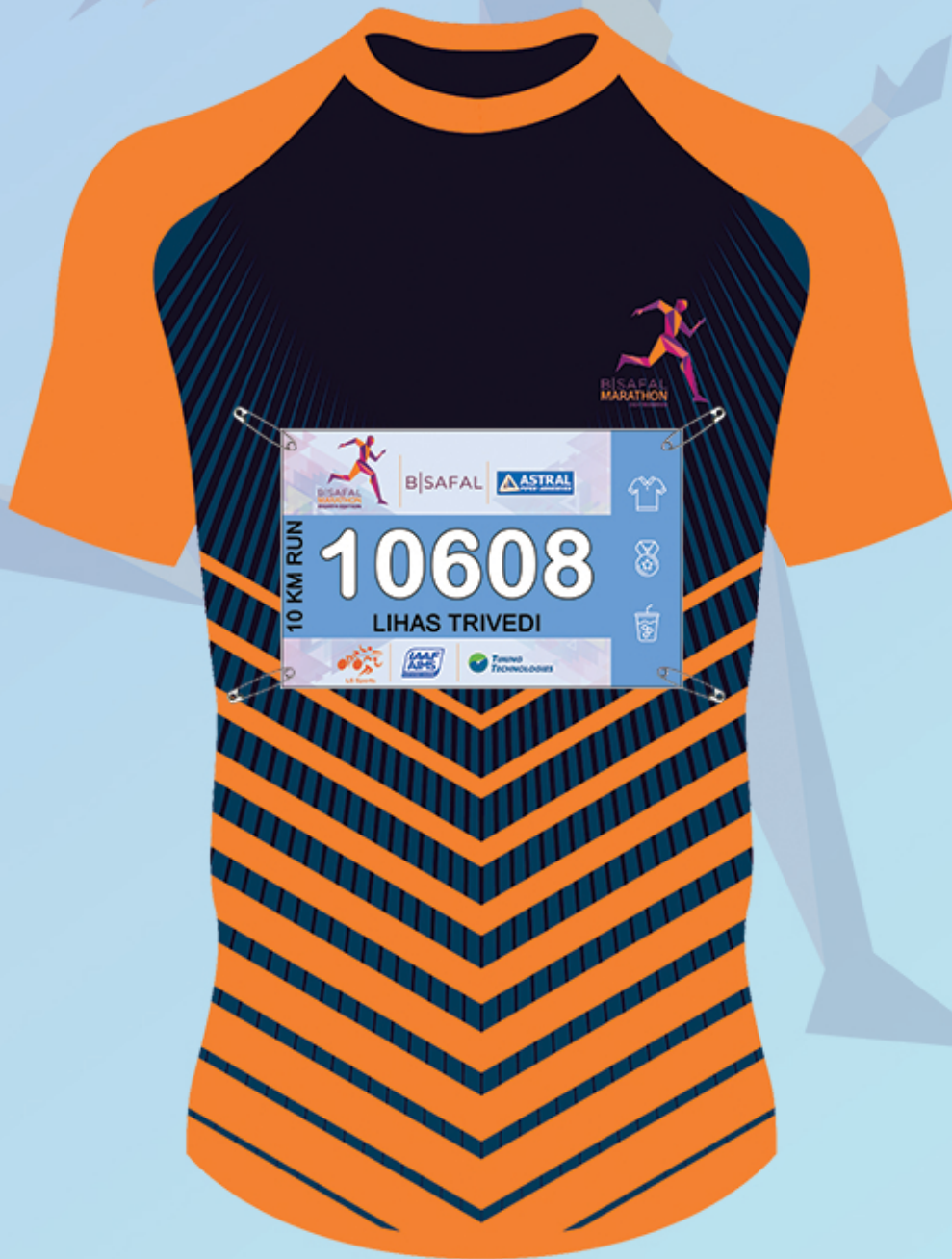
- **Only people with valid BIB of BSM 2023 will be allowed entry into the holding area**
- **Bib to be wore on the front part of the body which is easily visible to volunteers noting on route**
- **Any person who is not wearing bib but carrying in pocket will get entry only after wearing it properly**
- **Runners are advised not to carry bags or valuable items**
- **Reporting time for Half Marathon participants is 5.15 am**
- **Flag off for Half Marathon is at 6.00 am**
- **Reporting time for 10KM Run participants is 5.15 am**
- **Flag off for 10KM Run is at 6.15 am**
- **Reporting time for 5KM Fun Run participants is 5.15 am**
- **Flag off for 5KM Fun Run is at 6.30 am**
- **Entries to event venue will close at 5:30am sharp after which no one will be allowed inside till flag off is done for HM**
- **If not reported on time the race will start & your time will be lapsing, so please be on time at venue for timed events.**
- **After 3:15 from the start of Half Marathon the traffic will open completely for public, we will not be responsible for runners who are still on the route.**



# FACILITY AT EVENT VENUE & ROUTE

-  **Medical facilities / Recovery zone will be made available at the race venue with adequate physiotherapists & medical team**
-  **Toilet facilities at the race venue and along the route at various points**
-  **Adequate Hydration/Energy stations along the route**
-  **Holding area: Shakti Bunglows Bus Stop plot**
-  **Parking will be allotted on first come first basis**
-  **With limited parking space, runners are requested to opt for car pool, to avoid parking hassle at the venue**
-  **Refreshments post event only for participants wearing bib of the event.**

# HOW TO WEAR A BIB





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# RULES & REGULATIONS

- ✎ Runners found to have interchanged their running number bib and/or timing bib tag with another individual, will be disqualified from the event and shall not be allowed to apply or participate in the subsequent edition of the event.
- ✎ No result or certificate will be given to runners of the Half Marathon or 10 KMS Run who do not start their run at the respective start times of the race categories they have been confirmed in.
- ✎ Please note if you don't wear your timing bib tag as instructed, you won't be able to get an official finish time and thereby the official Certificate recording your finish times. No bib tag – No Timing – No Prize Money.
- ✎ No vehicles are allowed on the course. Anyone bringing wheeled vehicles will be disqualified from the race; you will be asked to leave the course. There will be specific finish cut-off timings Half Marathon – 3 Hours(18-60 years) 3:30 hours (60 years & above) 10 KMS Run – 1 Hour 45 Mins for all age groups.
- ✎ Runners failing to finish their race/run within such timings must stick to the footpath in order to complete your race; the route will open for normal vehicular traffic post the time intimated.
- ✎ Only those confirmed participants wearing the BSAFAL Marathon 2023 running number bibs will be allowed on the route. Any person found wearing the incorrect bib or no bib will be disqualified and removed by the course security.
- ✎ Further, every runner must wear his/her running number bib on the front of the vest worn. Any mutilation, fold, alteration or damage to the bib will amount to disqualification of the runner from the event.
- ✎ Runner must fill in the complete details on the back of the bib number.
- ✎ Organizers reserve the right to stop any participant from participating who is found medically unfit to continue in the opinion of the medical personnel.
- ✎ Baggage counters are available for all participants. It is strongly recommended that you do not leave valuables like mobile phone, camera, jewellery, watch, electronic gadgets, etc. in the bag stored. Organizers are not responsible for any loss of baggage and/or its belongings.
- ✎ Participants are requested to cooperate with the police and security personnel deputed at the event venue and on route. Participants/supporters are liable to random checking on race day– this is for your own security.

#### **For Collecting Award prize**

It is compulsory to have PAN card at time of collecting prizes from office of LS Sports Management Pvt. Ltd. In case of minor not having PAN Card TDS deduction will be in accordance with existing rules of government. The award will be given after one month of the event to winners which each participant may note.



# FAQ



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**FREQUENTLY  
ASKED  
QUESTIONS**

**Does the venue have parking lot ?**

**Yes. Please check the parking layout.**

**Is there a baggage counter at the venue ?**

**Yes. Please check the venue layout.**

**Any Medical Precautions I should take for the event ?**

**If any doubt, do get the permission from Your doctor for the Participation.**

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THANKS  
TO

## SPONSORS

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## PARTNERS

